

March 3, 2024

I Can Do All Things

Philippians 4:10-13

The winning athlete on the sideline says, “I can do all things through Christ who strengthens me.” Is that what this verse means, that Jesus gave him the physical strength to win the game? No. This passage is about something deeper, contentment. The world screams at us to be discontent, offers a solution, and then tells you the solution was not enough. God’s word says contentment is not found in stuff or from self, instead contentment is in Jesus alone.

Additional Verses:

Psalm 131

Acts 26

Outline:

1. Contentment is not dependent on circumstances.

2. Contentment is to be learned.

3. Contentment is in Christ alone.

Study Questions:

1. How is contentment independent of circumstances? What circumstances have caused you to be discontent? How did Jesus give you the strength to be content in those circumstances?

2 Why must we learn contentment? How does the world reinforce discontentment?

3. How does Psalm 131 reflect an attitude of contentment? What truth from Psalm 131 can you apply to your life?

4. Why is contentment found in Christ alone? When you were discontent how would you describe your walk with Jesus during that time? What does this tell you?

5. How is the Holy Spirit leading you to respond to God today?